

## 2nd Dan- 3rd Dan Line Work

FWD - Double side kick, spinning back kick, reverse knife hand strike with rear arm, and pull back to guard

BWD - 1st Moves of Ko-Dang, Sitting stance, Palm heel block, punch, slip the rear foot into L-Stance with guarding block, followed by low block/middle block combination

FWD - Front leg, hook kick side kick combination followed by rear leg axe kick reverse punch and pull back to guard

BWD - Twin horizontal knife hand strike, as in Choong Jang

FWD - Outwards crescent kick, cross cut finger tips as in Ko-Dang, pull back to guard

BWD - Combination from Eui-Am, knife hand wedging block, knife hand circular block, double downwards palm heel block, punch with the rear arm, slip back with reverse knife hand block using the leading arm

FWD - Front kick, turning kick, twist kick combination, using the same leg, land in a guarding block

BWD - L-Stance, inwards moving inner forearm block, back-fist strike (same arm), slip the front foot to walking stance with upset finger tip thrust

FWD - Reverse turning kick on a 45 degree angle, land in rear foot stance with a guarding block

BWD - Combination from Choong Jang, back hand strike then punch using the back hand as a focus in L-Stance

FWD - Axe kick front kick combination using the same leg, land with a guarding block

BWD - Combination from Choong Jang, L-Stance, low reverse knife hand guarding block, slip the front foot in to walking stance, 9-shaped block

FWD - Combination from Eui-Am, twisting kick, X-Fist downwards block, knife hand rising block with reverse arm

BWD - Walking stance, twin vertical punch, twin arc hand block, twin upset punch

FWD - Jump side kick with step from Choong Moo, land with a guarding block

BWD - L-Stance, sliding elbow thrust